

Polo

The game of polo was introduced to the Muslim world by the Persians. Polo is a ball and goal game played on horseback by two teams of four on a grass field with goal posts at either end. Players use a wooden mallet to strike the ball into the goal. The game became a great favorite among the wealthy classes because of its use of horses. The Abbasid rulers loved the game and valued raising fast-moving, champion Arabian horses to improve polo. The Muslims adapted and improved the game, which was then introduced to Europeans. Today it is played all over the world.